

Abstract

A method for sportcare monitoring of a person is provided. The method including: operatively connecting a set-top-box (102) to at least one of a television display (104), a speaker (106), a first network (110), a remote station (124), and one or more wireless sensors (108); measuring one or more vital signs of the person with the one or more wireless sensors (108); wirelessly transmitting the one or more vital signs from the one or more wireless sensors (108) to the set-top-box (102); operatively connecting the remote station (124) to the set-top-box (102) through the first network (110); and transmitting the one or more vital signs from the set-top-box (102) to the remote station (124) via the first network (110).